



The Best of Both Worlds



Applicant's Guide 2026

LAB University of Applied Sciences | Finland

LAB University of Applied Sciences

5 fields of education

- Business
- Design & fine arts
- Health care and social services
- Technology
- Tourism & hospitality

10 000 students

- About 1350 international degree students
- Over 80 different nationalities

3 campuses

- Lahti
- Lappeenranta
- e-campus

International

- Over 300 partner universities around the world

lab.fi/en



@LABfinland



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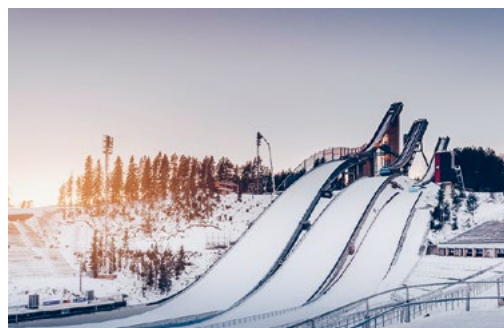
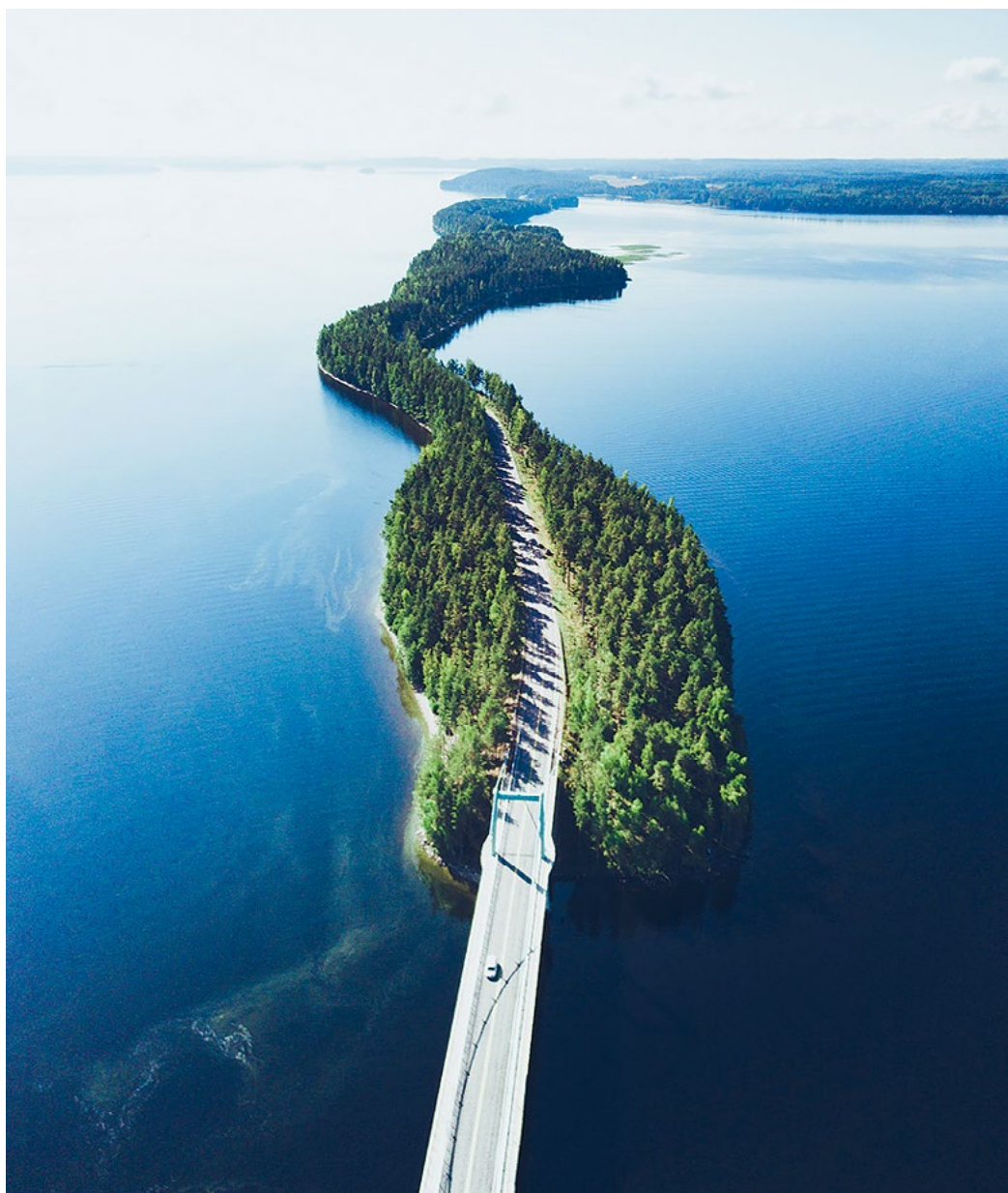
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Pictures: Teemu Leinonen, Toni Jaatinen, Sanna Henttonen, Linnea Varamäki, Luca Eskelinen, Unsplash (p. 4); Taneli Lahtinen; Hert Niks



Finland

Studying abroad is a significant decision, and you should choose your destination carefully. But why should you consider studying in Finland? What makes Finland the world's best place to study? Let's find out!

- Capital: Helsinki
- Population: 5.6 million people
- Official languages: Finnish & Swedish
- Currency: Euro

One of the best countries to study in

Finland has consistently ranked as one of the top countries to study in.* Students are also satisfied with the facilities and learning environments**, not to mention the wide range of support and career services, such as discount meals in student cafeterias, health care services, student unions and organisations, and student counselling services. Finland is also among the top countries in the world when it comes to fluency in English, so, even if you do not speak Finnish or Swedish, you will have no difficulties communicating.

Happy and safe

Finland is yet again the happiest place in the world according to the World Happiness Report 2025, topping the report's rankings for the eighth year running. Finland is considered the happiest country due, for example, to strong trust in others, optimism for the future, trust in institutions, and solid support from friends and family. Additionally, Finland has less well-being inequality, creating a more unified sense of happiness.

Finnish society is stable and well-organised, and Finland has also been ranked as the safest place in the world.

(*=StudyPortal's International Student Satisfaction Awards, **= International Student Barometer and the National Agency for Education)

Clean and green winter wonderland

Finland has 188 000 lakes, and they are among the cleanest in the world. Approximately 70 per cent of the country's land area is covered by forests. In the northernmost parts of Finland, you can also experience the amazing midnight sun, a natural phenomenon where the sun does not set for over two months. Another fascinating attraction is the aurora borealis – also called the northern lights.

Finland has four distinct seasons with significant temperature variations depending on the season and region. Winter in Finland is snowy and magical, and the further up north you go, the snowier it gets. Most of Lapland is covered in snow during the winter months from late October to April. Finland is a long country, so winter in southern Finland is shorter and milder. Summer in Finland is warm and bright, with average temperatures around 20°C, but on the hottest days, it gets much warmer.



FINNISH WORDS

- Suomi = Finland
- Turvallinen = Safe
- Onnellinen = Happy

The top 5 reasons to study in Finland

Yan Chowdhury, a BBA degree student in the International Business programme, shares his perspective on the facets that make studying in Finland a truly unique experience!

1. Unique weather and scenery

Let's start with the Finnish weather. It is completely different from my home country Bangladesh. I'm a snow lover, and this is one of the main reasons that I moved to Finland. The white snow in the winter and the aurora in the sky makes Finland one of the most beautiful places on the planet.

2. Rich cultural experience

It has been almost a year since I moved to the land of Moomins. The people, the culture, the ambiance of this place is really something else. It can take time to break the ice with Finns at first, but once you get that out of the way, the friendships and relations with them are ones that last a lifetime.

3. High-quality education

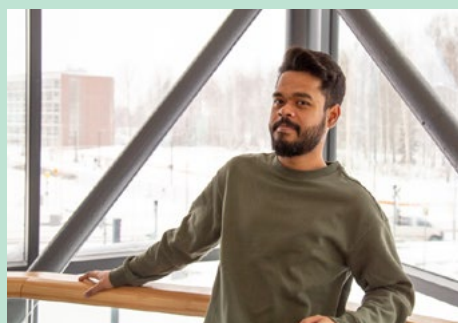
Finland is known for its high quality of education. As a student of international business at the LAB University of Applied Sciences, I can truly vouch for that. The student community is strong, and the culture of wearing overalls is just one more reason why I chose to study in Finland.

4. Innovative teaching methods

Speaking of the high quality of education in Finland, the teaching system here is something quite different from the conventional study system around the globe. Here at LAB, learning through practical application is the main approach to studies. That makes learning much more efficient and fun.

5. Affordable education and living

Compared to many other Western European countries, Finland offers relatively affordable education and living costs for international students. Additionally, various scholarships and grants are available for eligible students, making it more financially feasible to study in Finland.



Finnish language – do you have to master it?

The burning question in many of our international applicants' minds is: "Do I have to know the Finnish language when living and studying in Finland?"

Worry not. In all the degree programmes presented in this Applicant's Guide, the main language of studies is English. As a student at the LAB University of Applied Sciences, you will learn some Finnish during your studies and have the option of taking additional Finnish language courses.

In general, you can get by in Finland without knowing any Finnish, as most Finns speak English to some degree. If a Finn seems hesitant to speak English, it usually has more to do with their courage than their skills.

Knowing Finnish is useful

Nevertheless, knowing the local language is always useful and will make your life easier. For example, dealing with official paperwork, following current news, and applying for a job are easier if you know Finnish.

Meeting new people might also become easier when you can communicate in the local language. Making friends with Finnish students is a fantastic way to learn the Finnish language and practice speaking it. The best way to learn a new language is to put it to use every chance you have.

Finnish people understand that our language is not the easiest to learn. That is why we appreciate effort over perfection. Tervetuloa Suomeen opiskelemaan! Welcome to study in Finland!



FINNISH WORDS

- Suomen kieli = Finnish language
- Harjoitella = Practise
- Ystävä = A friend



Higher education in Finland

The Finnish higher education system comprises universities of applied sciences and universities, both granting bachelor's and master's degrees. All higher education institutes offer quality education and excellent opportunities but may differ in areas such as educational focus and degree structures.

Graduates with a bachelor's degree from a university of applied sciences usually dive

straight into the world of work. Applying to master's degree programmes at a university of applied sciences requires a minimum of two years' work experience in a related field.

University students with a bachelor's degree tend to continue straight to master's studies since universities do not require any prior work experience.

Universities of applied sciences

- Bachelor's degrees
210–270 ECTS credits
- Completion of the degree takes
3.5–4.5 years
- Master's degrees
60–90 ECTS credits
- Completion of the degree takes
1.5–2 years
- Practical education
- Education emphasis on
the occupational field
- Prepare students for various
professional roles

Universities

- Bachelor's degrees
180 ECTS credits
- Completion of the degree takes
3 years
- Master's degrees
120 ECTS credits
- Completion of the degree takes
2 years
- Theoretical education
- Education emphasis on
scientific research
- Provide students with in-depth
knowledge on various fields



Why choose a university of applied sciences?

Learning through close collaboration with the professional world

In universities of applied sciences, expertise is gained in close cooperation with the professional world. Studies include conducting research and development that promotes the development of businesses and regions.

Whereas university studies focus traditionally on research, in universities of applied sciences, the learnt theory is quickly put into practice and tested through various projects, group work, and exercises that often involve collaboration with businesses.

Practical work placement offers irreplaceable experience

In universities of applied sciences, you learn by doing. That is why all students undergo a practical work placement period worth 30 ECTS credits during their studies. This is equivalent to 20 weeks of work in their field of study.

Social and Health Care students complete their practical work placement through clinical training periods that amount up to 80 ECTS credits.

→ In practical work placement, students work in real-world companies, becoming part of the work community. This learning method allows students to become familiar with professional tasks in a real working environment and enhances their professional competence and essential workplace skills.



FINNISH WORDS

- Ammattikorkeakoulu =
University of applied sciences
- Yliopisto = University
- Työelämä = Professional world



LAB offers you the best of both worlds

We wanted to improve the world of work, and that's why we created LAB – a university of applied sciences with a fresh approach. LAB brings you the best of both worlds: studies and practical work side by side.

Welcome to LAB

LAB is a university of applied sciences for those who want to look beyond the surface. We love to solve problems. The trickier the problem, the more we push ourselves.

At LAB, we continuously experiment with new ways of doing things in collaboration with businesses. LAB was originally founded out of a desire to renew higher education and the world of work — to make work more meaningful. That is why we promise our students the best of both worlds: studies and the professional world. In practice, this means that upon graduation, our students not only have a degree but also work experience and established professional networks.

We are known for getting things done – and we are proud of it. If you have a vision, we will do whatever we can to help you achieve it. If you are ready to go to extremes, so are we.

Turo Kilpeläinen
President



“Be open to new experiences”

Tawhid Ahamed is a third-semester Industrial Information Technology student at LAB. He is also one of LAB's many degree tutors and will be taking care of new international students next autumn.

“The memories I have from orientation week are a mix of nerves and excitement. My best memory is the ice-breaking session — it helped me get to know my classmates.”

During orientation week, we give new students tours of both our campuses. We help them navigate essential locations, such as the student union KOE, student associations, classrooms, and the library – everything they need. We also assist with DVV registration and course enrolment.”

And what would Tawhid say to first-year students who are nervous about starting their studies?

“Be open to new experiences. Trust me, you will learn a lot. And don't be afraid to ask questions.”



FINNISH WORDS

- Kansainvälinen = International
- Fuksi = First-year student
- Orientaatioviikko = Orientation week



How to apply

Once you know where you want to apply, follow these steps:

- 1** Fill in and send your application online.
- 2** Upload the required attachments to your application.
- 3** Pay the application fee if required.
- 4** Wait for the admission results.
- 5** Accept your student place on time if you are offered one.
- 6** Pay the tuition fee if required.
- 7** Register for the academic year.
- 8** Apply for a residence permit if needed.

After admission

With your admission complete, you can start preparing for student life in Finland and learning more about your upcoming studies. We at LAB have a dedicated student website with all the information you will need for a smooth start.

Visit elab.fi/en for more information about student housing, student life, and orientation:



Tuition fee and scholarship scheme

For students from the EU/EEA area, studying at the LAB University of Applied Sciences is free. LAB charges tuition fees from bachelor's and master's degree students coming from outside the EU/EEA area.

Bachelor's degree

The annual tuition fee for bachelor's degree students is **€11 000**.

When a tuition fee is required, we offer an early bird discount of €2 000. The discount is available if you pay your tuition fee within three weeks of receiving your acceptance letter.

Scholarship

Scholarships offered by the LAB University of Applied Sciences are available from the second study year onwards. The scholarship provides a €3 000 reduction on the annual tuition fee.

Student must complete 60 ECTS credits per academic year to be eligible for a scholarship. This policy will be applied until the end of the normative duration of studies.

Master's degree

The tuition fee for master's degree studies is **€18 000 overall**. It is paid in one instalment – not annually for each academic year.

When a tuition fee is required, we offer an early bird discount of €3 000. The discount is available if you pay your tuition fee within one week of receiving your acceptance letter.

Application fee

Applicants from outside the EU, EEA, and Switzerland are required to pay an application fee to apply to bachelor's or master's level studies in Finland. The application fee is €100 and does not guarantee admission.

Visit lab.fi/en for more instructions, information, and dates related to application and student admission:



FINNISH WORDS

- Hakija = Applicant
- Lukuvuosimaksu = Tuition fee
- Stipendi = Scholarship

Student services and benefits

We wanted to improve the world of work, and that's why we created LAB – a university of applied sciences with a fresh approach. LAB brings you the best of both worlds: studies and practical work side by side.

Student services

As a LAB University of Applied Sciences degree student, you have access to plenty of support services to help you navigate through difficulties in studies or personal life. Support services are also designed to help you integrate into Finnish student life and to make sure you have all the information to manage your higher education studies in Finland.

Tutors

Tutors are fellow students that help especially new students by providing guidance and sharing knowledge. Tutors introduce you to LAB and the learning environment of a university of applied sciences, organize activities to help new students to get to know each other and their campus city, and coordinate channels of communication within the student group.

Student health care

The Finnish Student Health Service (FSHS) provides general, mental, and oral health services as well as health promotion services for bachelor's and master's degree students in Finland. The student health care fee in higher education in 2025 is €35.60 per term.

Students from other EU or EEA countries must provide a European Health Insurance Card for access to FSHS services.

Study guidance

Study guidance includes study counselling and teacher tutoring. Study counselling provides support if you have challenges related to the progress of your studies or are applying for transfer in studies.

Teacher tutors help students plan their studies from the first year onwards. They also support and give guidance throughout the studies and help you develop your professional competence towards your desired future career.

Career services

Career Services help students transition smoothly into the professional world and carve out their desired career path. They organize recruitment events, training, webinars, workshops, and group coaching.

Students also have access to a self-study platform to practise and prepare for job hunting and a portal with job postings targeted to our students.



Student benefits

As a higher education student in Finland, you have access to various benefits – both on and off campus. The benefits are available through your student card, which is also your official student ID.

Campus lunch

You can find campus restaurants located on both of LAB's campuses, in Lahti and Lappeenranta. They provide a delicious variety of nutritious lunches daily. As a LAB bachelor's or master's degree student, you are entitled to a discount on meals at campus restaurants around Finland. The discounted price for a basic lunch is €2.95.

Public transport

Buses are a common form of public transport in LAB's campus cities, and students get a discount on monthly passes. Discounts also extend to train tickets and regional bus tickets.

Student sports and hobbies

MOVEO provides sports facilities, services, and experiences for students in our campus cities. With membership costing only €30 per semester, you can use the campus gym and participate in various ball games and group exercise classes.

Discounts

Many private-sector companies offer discounted prices and other benefits for students. As a higher education student, you might get free trials or discounts when ordering clothes online or booking trips, for example.



FINNISH WORDS

- Terveydenhoitopalvelut = Health care services
- Opiskelijakortti = Student card
- Lounas = Lunch



Lahti

Lahti is the ninth largest city in Finland, with around 120 000 inhabitants. Located just an hour from the capital city Helsinki by train or car, and with easy access to all other regions in Finland, it is the perfect place to study, live, and work.

Lahti is world-famous for its international sports competitions and high-level cultural events. Lahti is also an internationally recognised design hub and an environmentally conscious city, having won the European Green Capital Award in 2021 as the first city in Finland.

Lahti is the fifth best student city in Finland

Studentum.fi released a ranking of Finnish student cities in 2024, and Lahti ranked fifth out of 33 cities. According to the survey, Lahti has the best student housing supply and job opportunities for graduates. The city also offers excellent leisure and sports facilities for students.

Unique Lahti campus

LAB's Lahti campus is located approximately 3 kilometres from the Lahti city centre and 4 kilometres from the Lahti railway and bus stations. There are 6 100 students on the Lahti campus, and over 600 of them are completing an international degree.

The campus facilities are in a historic factory building that was transformed into a modern learning environment. By mixing the old with the new, the campus provides an inspiring setting for learning and work.

The Lahti campus houses modern workshops, laboratory and simulation facilities, an academic library, as well as various spaces for independent study, meetings, and teamwork. The campus includes sports venues, such as an indoor and outdoor gym and facilities for group fitness classes. The student union KOE and the student tutors will help you to feel at home in Lahti and at LAB.



Lappeenranta

Lappeenranta is an international student city in Southeast Finland. Lappeenranta is known for its captivating nature and Lake Saimaa, the fourth largest lake in Europe. Lappeenranta is easy to access: it is only a two-hour train ride from Helsinki. The city has a cosy smalltown atmosphere and is easy to get around, yet offers a wide range of services, cultural events, and recreational activities.

Lappeenranta is budget-friendly and the most affordable student city in Finland, and according to the Finnish police, Lappeenranta is also the most street-safe student city.

Truly international learning environment

The Lappeenranta campus is in the district of Skinnarila, 7 kilometres from the city centre. Nearly 10 000 students study on the campus shared with LUT University, which makes it the largest higher education campus in Southeast Finland. LAB has 3700 students in Lappeenranta, over 600 of whom are international degree students, giving the campus a strong international presence.

The learning environment in Lappeenranta is state-of-the-art. For example, the technology, health care, and social services laboratories are among the most advanced in Finland, not to mention the modern teaching kitchen and restaurant for tourism and hospitality management students.

To make students feel at home, the campus offers extensive services: student-priced restaurants, an academic library, cafes, a new and well-equipped gym, and a convenience store, just to mention a few. The student union KOE and other organisations arrange activities on campus, and the tutors will introduce you to life in Lappeenranta, the campus, and your fellow students. Lappeenranta feels like your home away from home.



FINNISH WORDS

- Kampus = Campus
- Kaupunki = City
- Juna = Train

Student housing

In Finland, higher education students live commonly in studio or one-bedroom apartments or in shared apartments with other students. In most shared apartments, students have their own bedrooms and share other living spaces with their roommates.

Finland does not have a dormitory system on campuses, and finding and applying for an apartment is the student's responsibility. In LAB's campus cities, there are housing providers for affordable, effortless, and safe student accommodation.

In many cases, the rent for student apartments includes internet access and heating. In many student apartment buildings, you have access to a common laundry room and sauna. Student accommodation is usually located either near the campus or with convenient public transport access to the campus.

The winter might be cold, but apartments are warm

Houses and apartments in Finland are high-quality, well-insulated, and double-glazed as a default. They are designed to keep warm air inside and are therefore well-heated during winters.

So, even if the cold winter weather can feel uninviting or even harsh at times, you can escape it inside your warm apartment. Finnish people also have a few tricks up their sleeves to keep warm during winter: coffee, sauna, and layered clothing.

Student apartments in Lahti

Lahden Talot is a housing company owned by the City of Lahti, and it is the main provider of student housing in the region. Living in Lahti is affordable, and student apartments are available around the city. Both students and graduates can easily find suitable rental apartments.

Average rent prices per month for students

- Rooms in shared apartments €350–€450
- Studio apartments €500
- One-bedroom apartments €600
- Family apartments €750

Student apartments in Lappeenranta

LOAS provides housing for all students in Lappeenranta. Their apartments are high-quality, well-maintained, and affordable. Most are located near the campus, but some are also available in the city centre.

Average rent prices per month for students

- Rooms in shared apartments €280–370
- Studio apartments €410
- One-bedroom apartments €570
- Family apartments €720

Visit elab.fi/en for more information about student housing:



Living costs in Finland

The cost of living in Finland is comparable to other countries in Northern Europe.

As a student in Finland, you need at least €800 per month at your disposal to be able to pay for your accommodation, food, and other needs.* Expenses vary based on your accommodation and personal spending habits.

Accommodation costs

The costs of accommodation consist of rent, home insurance, internet access, and utilities such as electricity and water.

If not included in the rent price, the average water consumption fee is €20–30 per month per person, and internet access in the apartment costs on average €25 per month. Keep in mind that you will probably need a mobile phone subscription to access the internet on your phone when you are outside your apartment and to stay in touch with your friends. On average, that costs €20–30 per month.

Some housing providers require or strongly recommend that you get home insurance for your apartment. Average home insurance rates for students amount to €80–130 per year. The cost depends on the size and type of your accommodation.

Groceries

As a higher education student in Finland, you will have access to affordable lunches on campus. In addition, you will most likely shop at local grocery stores to stock the fridge in your apartment. How much would a trip to the grocery store cost?

Let's say you buy the following:

- Loaf of bread €2
- 1 l of milk €1
- 500 g of cheese €4.5
- 1 kg of yoghurt €1.6
- 2 tomatoes €1
- 3 bananas €0.8
- 2 bags of instant noodles €1.6
- 350 g of chicken fillets €5
- 8 rolls of toilet paper €4

With these example products and their estimated average prices, your bag of groceries would cost €21.5.

Tip!

To explore Finnish culinary traditions, you might want to look for rye bread, traditional Karelian pies, salty licorice, or cinnamon buns from your local grocery store.

*According to the Finnish Immigration Service

This page contains estimated prices of items and services in Finland. Actual prices may vary.



FINNISH WORDS

- Asuminen = Accommodation
- Ruoka = Food
- Korvapuusti = Cinnamon bun



A peek into student life in Finland

Student overall etiquette

In Finland, student overalls are a significant part of student culture and are worn proudly. They create a sense of community among students in the same field of study and accompany them throughout their studies.

Students wear overalls to most student events. They come in almost every colour of the rainbow, with the colour determined by the field of study. However, there is no national colour code, and each higher education institution has its own colours for its fields of study.

Overalls are decorated with patches, which can be earned for achievements in overall-related events. You can also customize your overalls by attaching all sorts of useful (or less useful) items: it is common to see wristbands or lanyards from events, bottle openers, champagne and shot glasses, or rubber ducks hanging from them – your imagination is the only limit!

The ABCs of student events

For many, student events are a visible and essential part of the university years. In both of our campus cities, Lahti and Lappeenranta, there are events throughout the year. Student events are often organized by student associations.

Appro

Most likely derived from the word “approbatur,” which has historically been used to refer to basic studies at university. Approbatur is also the lowest passing grade, so literally, “approbatur” means ‘accepted.’ During an appro, participants casually explore the city’s nightlife, such as bars, restaurants, or sports and recreational facilities, depending on the nature of the event. Participants collect stamps in their passports, and based on the number of stamps, they receive a playful degree.



Fuksiaiset (first-year student party)

Derived from the word “fuksi,” which refers to a first-year student. Likely a loanword from the German “Fuchs,” meaning fox.

In autumn, student union KOE hosts a first-year student race: a checkpoint tour where new students complete tasks at various locations to earn points. The theme of the race changes annually, and typically, the team that collects the most points and is the best dressed is rewarded.

Sillis

Often held the day after an annual gala, “sillis” refers to a herring brunch. A sillis is a more casual event than annual galas, often featuring food, sauna, and music. The dress code for a sillis is student overalls, unless specified otherwise.

Sitsit (sitsfest – sitz party)

An academic dinner party involving toasts, food, drinks, and songs. The tradition has been imported from Sweden and somewhat resembles Swedish crayfish parties. Over the years, sitsit have evolved slightly differently in each university city.

Vappu (International Workers’ Day – May Day)

Vappu, the grandest, most beautiful, and undoubtedly longest of student events – at least in the case of Lappeenranta, which is known for the longest vappu in Finland. For example, in 2024, the Lappeenranta vappu lasted a staggering 36 days. In Lahti, vappu has been growing longer each year, lasting 22 days in 2024.

A student’s vappu is filled with various events, gatherings, overall parties, and institution-specific traditions.

Vujut (annual gala)

Anniversary galas or annual galas, meaning the student organization’s or student union’s birthday, are usually elegant, formal academic dinner parties. The dress code is typically a tailcoat or dark suit. Similar to sitsit, vujut involve food, drinks, songs, toasts, and often also speeches. ■



FINNISH WORDS

- Opiskelijahaalari = Student overalls
- Haalarimerkki = Patch
- Kumiankka = Rubber duck

Traineeship smoothed the transition to the working world

Moamin Yaseen, an engineering graduate from the LAB University of Applied Sciences, landed a job at wood technology service provider Raute while still finishing his studies. In his work, Yaseen is able to utilise his skills in a variety of ways.

As a student of information and communication technology at the LAB University of Applied Sciences, **Moamin Yaseen** got his first introduction to the working world while still at school. His studies included a wide range of projects and group assignments in cooperation with different local companies.

“It was inspiring to be able to apply my own knowledge and the things I had learned in my studies to practice. The projects really deepened my understanding of the professional world and helped me get to know other people on campus better,” he says.

LAB works closely with companies in the Lahti and Lappeenranta regions to help students network with potential employers. Through this cooperation, students can also find internships or thesis positions at companies.

Support from colleagues helped settle into new job

During his last year of studies, Yaseen applied for a traineeship at Raute, a Finnish company specialising in wood technology products. After graduation, he got a permanent position there as an IT engineer. The transition from student life to work felt natural, which was largely thanks to a good work team.

“At the beginning, I had to learn a lot of new Finnish words related to wood, but my coworkers were very supportive and understanding. They are easy to work with, and the projects are interesting.”

The positive feeling is mutual, as people at Raute appreciate especially Yaseen’s attitude and ability to work under pressure.

“Raute has been offering employment opportunities to students for a long time now; it enables us to bring in fresh expertise. Not only is Yaseen highly professional, but he is also an empathetic member of our working community, open to new things and ways of working,” says **Mia Könnilä**, head of HR at Raute.

Every course has been useful

At Raute, Yaseen is able to use the skills he learned at LAB in a variety of ways. His work includes tasks such as programming applications, analysing data with different tools, and diagnosing and finding solutions to network issues.

“It has been wonderful to see that all my studies have been worthwhile. For example, I have been able to apply my optional media studies when a client needed help editing a video.”

Yaseen recommends LAB especially for its high-quality education and the expertise of its teachers. He was also impressed by the Lahti campus.

“The campus has a wide variety of workspaces that can be reserved for studying even late into the evening. I also think that as a city, Lahti is the perfect size for a student: not too big and not too small,” he praises. ■



Future Talents Lahti helps build professional contacts during studies

- Future Talents Lahti is a joint programme of the LAB University of Applied Sciences and LUT University. It helps students network with future employers during their studies and learn working life skills.
- The programme involves 30 companies from the Päijät-Häme region, the Lahti Industrial Society, the Häme Chamber of Commerce, and the City of Lahti.
- The collaboration with local companies includes various projects included in studies, guest lectures, events, and group visits to companies.
- The companies taking part in the programme offer hundreds of job opportunities to students every year, helping them find work after graduation.
- The programme gives companies the opportunity to recruit skilled professionals who bring in new viewpoints, innovative ideas, and specialised expertise.



Business Information Systems

The Business Information Systems degree programme trains you to become a specialist in digital solutions and digitalisation in businesses. The programme gives you a new perspective on how information technology can be integrated with business processes and how digitalisation can improve business productivity.

- ➔ The programme prepares students for digital business expert roles, and graduates will have a comprehensive understanding of future-oriented, innovative business operations.
- ➔ Upon graduation, you will be qualified for various digital roles, such as website designer or developer, digital service developer, IT system designer, and web store specialist.

Depending on your personal learning path, you will be able to do the following: provide ICT support to end users, build new applications, draw up digital service process descriptions, deliver agile projects, build user-centred online stores, and design value-added digital solutions for businesses.

Degree

Bachelor of Business Administration

Mode of teaching

Full-time studies

Location

Lahti campus

Scope

210 ECTS credits

Duration

3,5 years,
including 30 ECTS credits
of work placement



International Business

The bachelor's degree programme in International Business introduces you to the world of contemporary business in a modern, international learning environment. You can apply for studies either in Lahti or in Lappeenranta campus.

- ➔ The programme combines theory and practice, and you will develop into an international business professional with strong business management skills, ethical leadership and communication skills and the ability to work in multicultural environments.
- ➔ Upon graduation, you will have excellent career opportunities, qualifying for entrepreneurial and management roles in international organisations.

Studies in Lahti campus emphasises sustainable business strategies and responsible global trade, while studies in Lappeenranta campus focuses on driving innovation and bringing new business ideas to market.

During the first year, you will develop a solid foundation in core business disciplines. You will gain essential knowledge every Bachelor of Business Administration graduate needs to learn, including international business principles, international marketing, supply chain networks, financial management, etc.

Degree

Bachelor of Business Administration

Mode of teaching

Full-time studies

Location

Lahti campus
Lappeenranta campus

Scope

210 ECTS credits

Duration

3,5 years,
including 30 ECTS credits
of work placement



Sustainable Design Business

Sustainable Design Business is a four-year Bachelor of Culture and Arts programme for students aiming to improve the world through human-friendly, sustainably feasible and viable solutions.

- This programme combines sustainable design and business insight to educate creative future professionals.
- You can work as a product or service designer or sustainability specialist across various companies, organisations, and the manufacturing industry.

Graduates are equipped with the capabilities needed to work in organisations that value responsible innovation. You will learn the fundamentals of sustainable design and business models, including circular economy, and gain key skills in areas such as product-related services, design futures methods, visualisation, and data-informed approaches.

The pedagogical approach emphasises collaborative learning and experience-based knowledge, encouraging you to explore your personal interests in sustainable design and business. As a graduate, you will be able to make a tangible impact on the world.

Degree

Bachelor of Culture and Arts

Mode of teaching

Full-time studies

Location

Lahti campus

Scope

240 ECTS credits

Duration

4 years,
including 30 ECTS credits
of work placement

“One of the best decisions I ever made”

My name is **Beatriz** and I'm from Brazil. I previously studied graphic design for two years back home but left to start my studies here in Finland and at the LAB Institute of Design and Fine Arts.

Moving from Brazil to Finland was a bit intimidating, flying alone from far away and then having to figure out how to get from the airport to Lahti and to my apartment. But I saw it as an adventure. It also felt so exciting to jump into a whole new chapter of my life!

Overall, there was less bureaucracy than I expected. I initiated the moving process as early as possible, and now I see that was a good thing, because I had ample time and peace of mind to sort everything out. I didn't have to wait very long to get an apartment, and immigration was easy because of my European citizenship.

Differences in studying styles

From my point of view, studying here gives the student a lot more freedom of choice than back home. I feel more responsible for my own journey and student experience. I also feel like work-life balance is highly appreciated over here. I rarely feel stressed or overwhelmed. I have time not only for studying but for sports and hobbies as well.

I'm studying at the LAB Institute of Design and Fine Arts and have absolutely loved my studies so far. One of my favourite courses was on computer-aided design, where we learned the basics of Rhino 3D. It was a fun experience, because it was challenging

yet rewarding to create 3D models. In my opinion, the course had the perfect balance of teacher guidance and independent work.

Leisure activities and cultural differences

I love how many activities there are, and I try to participate in as many as possible. I go to the gym, play volleyball, and go to most of the events and parties! For example, the LiiKu Appro (sports and culture event) was one of the highlights of the year! It was so great getting to try out different sports and visit museums in Lahti. These events are a nice way to meet other students from abroad too.

If you're thinking about studying in Finland and the LAB University of Applied Sciences, I'd say go for it! LAB has a modern campus with cool machines, up-to-date equipment, and talented people who help your ideas grow. Coming here was one the best decisions I've ever made. Finland has surprised me in many ways, and this whole experience has taught me so much about life, design, and myself. ■





Industrial Information Technology

New technologies are challenging society and industry. This degree programme gives you skills to work within the diverse field of digital solutions in industry amid constant changes and in global networks.

- The LAB University of Applied Sciences has trained ICT specialists for over 20 years for local and global industry and business.
- The graduates of the programme find work as industry specialists, IT specialists, entrepreneurs, technological experts, project managers, designers, analysts, software developers, system engineers and sales engineers in Finland and globally.

The studies include contact learning and online courses. After the mandatory courses, you can tailor your studies towards a particular professional path.

At LAB, you will study industrial information technology in an international and innovative environment on a modern campus. Graduates are eligible to apply to master's degree programmes at LUT University.

Degree

Bachelor of Engineering

Mode of teaching

Full-time studies

Location

Lahti campus

Scope

240 ECTS credits

Duration

4 years,
including 30 ECTS credits
of work placement



Industrial Mechanical Engineering

This degree programme prepares you for an international career in machine and automation design, production planning, and research and development. You can build your learning path according to your goals and preferred learning styles.

- This degree programme requires initiative, self-leadership, and goal orientation, as students direct their studies themselves.
- After graduation, you can work as a technological expert, manager, designer, developer, or sales engineer in Finland and worldwide.

The programme includes very few teacher-led lectures – instead, you will work on real-life engineering projects designed by students themselves. The idea is to learn how to tackle challenges that you will face later in your work. You will also practice project management, collaboration, and design thinking.

At LAB, you will study in an international and creative environment with modern laboratory facilities. Graduates are eligible to apply to master's degree programmes at LUT University.

You can complete the degree programme either full-time or part-time. Part-time studies offer more flexibility.

Degree

Bachelor of Engineering

Mode of teaching

Full-time studies
Part-time studies

Location

Lappeenranta campus

Scope

240 ECTS credits

Duration

4 years,
including 30 ECTS credits
of work placement



Sustainable Construction Technology

This degree programme offers a variety of opportunities in the field of civil and construction engineering.

- ➔ The LAB University of Applied Sciences is one of the leading actors in Finland in the fields of environmental technology, circular economy, and sustainable construction.
- ➔ Graduates find work as technological experts, designers, or project managers.

The studies provide a solid foundation in the field of construction technologies. In addition, you will specialise in wood construction and sustainable materials, management, or digitalisation.

At LAB, you will study sustainable construction technology in an international and innovative environment. We offer opportunities to specialise at European partner universities. Your main campus is Lahti, but you can study abroad for one or two semesters after two years of studies.

Degree

Bachelor of Engineering

Mode of teaching

Full-time studies

Location

Lahti campus

Scope

240 ECTS credits

Duration

4 years,
including 30 ECTS credits
of work placement



Sustainable Solutions Engineering

This degree programme offers you tools to address major challenges of our time, such as climate change and sustainability. The approach is comprehensive; you will learn to manage technologies in a sustainable way by adopting a circular economy perspective.

- ➔ The LAB University of Applied Sciences is one of the leading actors in Finland in the fields of environmental technology and circular economy.
- ➔ Graduates find work as technological experts, project managers, quality and security developers, and sales engineers in Finland and globally. Entrepreneurship is also a career alternative.

At LAB, you will study sustainable solutions engineering in an international and innovative environment. The structure of our curriculum is flexible, and you are encouraged to complete your studies by applying different learning methods.

To help you adapt to the new learning environment and processes, we provide regular consultations to create and adjust your personalised curriculum.

Degree

Bachelor of Engineering

Mode of teaching

Full-time studies

Location

Lahti campus

Scope

240 ECTS credits

Duration

4 years,
including 30 ECTS credits
of work placement



Paramedic Nurse

As a paramedic nurse, you help trauma patients or people who suddenly fall ill and need urgent care, both in and out of hospital. The job requires stress management skills, good interaction skills, and physical fitness.

- Many paramedics work in ambulances, but you can also find work in, for example, a hospital emergency room or intensive care unit.
- With this degree, you can work as a paramedic nurse or a registered nurse in Finland and elsewhere in the European Union.

To work in health care and social services in Finland, you must learn the Finnish language. While the main language of your studies is English, you will take several Finnish language courses. The LAB community offers strong support in learning Finnish.

During your studies, you will learn about the technical innovations in nursing, such as nursing robotics and intelligent self-care applications that you can utilise to help patients in the best possible way. Clinical training is an integral part of your studies, and more than a third of the studies take place in real nursing environments and in simulation exercises.

Degree

Bachelor of Health Care

Qualification

Paramedic, Registered Nurse

Mode of teaching

Full-time studies

Location

Lappeenranta campus

Scope

240 ECTS credits

Duration

4 years,
including 90 ECTS credits
of work placement



Public Health Nurse

As a public health nurse, you promote the health, functional capacity, and well-being of families and people of different ages. You identify at-risk clients and families and guide them towards the support they need.

- As a public health nurse, your future job opportunities will be wide. You can work with individuals and families while promoting the health of the entire population.
- The degree qualifies you to work as a registered nurse and a public health nurse throughout the European Union. As a registered nurse, you can work in all areas of medical care.

Working as a public health nurse requires sufficient mental and physical health and functional ability, because you face changing situations and are responsible for patient safety.

To work in health care and social services in Finland, you must learn the Finnish language. While the main language of your studies is English, you will take several Finnish language courses. The LAB community offers strong support in learning Finnish.

Clinical training is an integral part of your studies, and more than a third of the studies take place in real nursing environments.

Degree

Bachelor of Health Care

Qualification

Public Health Nurse, Registered Nurse

Mode of teaching

Full-time studies

Location

Lappeenranta campus

Scope

240 ECTS credits

Duration

4 years,
including 80 ECTS credits
of work placement



Tourism and Hospitality Management

The degree programme in tourism and hospitality prepares you to provide premium, innovative services that customers today require.

- You will learn how to design hotel, restaurant, and tourism services, how to manage a business, and how to be a successful leader.
- Graduates from the degree programme find work in expert or management roles in the hotel, restaurant, and tourism sector. You can pursue management positions such as reception manager, restaurant manager, or hotel sales manager.

The studies aim to enhance your teamwork, communication, and project management skills. Sales and marketing skills are also needed, as well as intercultural communication and wide-ranging language skills.

The studies are primarily in English but also include Finnish language and culture.

Degree

Bachelor of Hospitality Management

Mode of teaching

Full-time studies

Location

Lappeenranta campus

Scope

210 ECTS credits

Duration

3.5 years,
including 30 ECTS credits
of work placement



“I came to study here because Finland is ranked as one of the best in the field of education. Finland is one of the happiest countries in the world, and a happy environment results in more creativity and innovation.”

–Manis Dahal,
tourism and hospitality
management student

Watch the whole
interview
on YouTube:



**Lahti
campus**

Visiting addresses:
Mukkulankatu 19, Lahti
Niemenkatu 73, Lahti

Postal address:
P.O. Box 214,
FI-15101 Lahti
Finland

**Lappeenranta
campus**

Visiting address:
Yliopistonkatu 36,
Lappeenranta

Postal address:
P.O. Box 20,
FI-53851 Lappeenranta
Finland

**Admissions
office:**

admissions@lab.fi

Lahti
tel. +358 44 708 1386
tel. +358 44 708 1385

Lappeenranta
tel. +358 40 480 9970



@lab.fi



@LABfinland



Meet us
at fairs

lab.fi/en