

MOTIVI WELLNESS SERVICES

PRICES

MASSAGE THERAPY

MASSAGE 30 MIN	20 €
MASSAGE 45 MIN	25 €
MASSAGE 60 MIN	34 €
MASSAGE 90 MIN	45 €
MASSAGE SERIES 5 X 45 MIN + 30 MIN FREE OF CHARGE	125 €
MASSAGE SERIES 5 X 60 + 45 MIN FREE OF CHARGE	170 €
MASSAGE SERIES 5 X 90 MIN + 60 MIN FREE OF CHARGE	225 €

MUSCULOSKELETAL RECEPTION

GUIDANCE AND COUNCELLING	60 €
MUSCULOSKELETAL FITNESS TEST -GOODFIT TEST BATTERY	60 €
INBODY BODY COMPOSITION MEASUREMENT	20 €
MAXIMAL MUSCLE STRENGTH TEST BATTERY	60 €

CARDIOVASCULAR AN RESPIRATORY SYSTEM

INDIRECT VO2-MAX-TEST	60 €
UKK WALKING TEST	20 €
DIRECT VO2-MAX-TEST	
ON A TREADMILL	90 €
ON A BIKE	90 €
BLOOD LACTATE MEASUREMENTS DURING THE TEST	20 €

GROUP EXERCISE CLASS, 1 GROUP 60 €

PERSONAL TRAINING 90 €

WITH THE MOVEO PASS:

INBODY-BODY COMPOSITION MEASUREMENT	15 €
FITNESS TESTS	-20 %
PERSONAL TRAINING	FREE OF CHARGE

WITH THE STUDENT CARD:

GUIDANCE AND CONSULTING	FREE OF CHARGE
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CARD PAYMENTS ONLY.