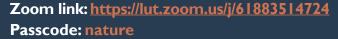
Welcome to the online seminar:

## Wellness from nature experiences

Join us on Wednesday, February 2, 2022 from 9 a.m. to 12.15 p.m.

Sign up for the event at <a href="https://bit.ly/registration\_02022022">https://bit.ly/registration\_02022022</a>

**AGENDA** 9.00 - 9.10Welcome 9.10 - 9.30Project presentation: Kurenniemi - Cultural value of Russia and Finland through M. Agricola trail Natalia Kaliagina, Deputy Chairman & Marina Grigoreva, Project Assistant / All-Russian Society for Nature Protection 9.30 - 10.15Nature activities and travel trends in the national parks of Finland Matti Tapaninen, Specialist / Metsähallitus 10.15 - 10.30 Coffee break 10.30 – 11.15 Nature-based wellbeing experiences Henna Konu, Senior Scientist / Natural Resources Institute Finland 11.15 – 12.00 Experience Design in Nature Services Karoliina Säkö, Head of Services / Finland, Naturally Experiences (Retkipaikka) 12.00 - 12.15 Closing words



**Seminar is organized by** Project Kurenniemi – Cultural value of Russia and Finland through M. Agricola trail, which is funded by the European Union, the Russian Federation and the Republic of Finland.

More information from the project planner Kaisu Isomäki, email: kaisu.isomaki(at)lab.fi











