

The Ministry of Social Affairs and Health is responsible for providing general planning, guidance and supervision regarding infectious diseases. Their prevention is laid down in the Communicable Diseases Act. The aim of fighting infectious diseases is their prevention and to stop them from spreading. Prevention is one of the responsibilities of the social and health care services. Also according to the Infectious Diseases Act of Finland students in the health care sector must meet certain immunization requirements.

Please find separate instructions for

All exchange and MURCS students	1
Nursing students.....	2
Physiotherapy students.....	4
Social Services students.....	4

All exchange and MURCS students

Chest-x-ray is demanded from those students coming to Finland from following countries: Bangladesh, Ethiopia, Ghana, India, Philippines, Thailand. A chest x-ray and the written document are required in English, Swedish or Finnish. The chest x-ray and certificate should be no longer than 3 months old*. Physician should indicate what treatment, if any, has been prescribed for you as a result of a positive chest x-ray.

*Exception to this: Students who have been studying in Glasgow Caledonian University since September 2019, you can present a Chest x-ray certificate that you have gotten before leaving your home country.

Hand out the needed health documentation to Student Exchange Coordinator during the first day of orientation programme. If you do not participate the first day of the orientation programme, the documents should be then received via post by that day.

Further info on tuberculosis available at <https://www.who.int/news-room/fact-sheets/detail/tuberculosis>

Vaccinations against measles, polio, tetanus+diphtheria are recommended.

Nursing students

The Päijät-Häme Social and Health Care Group and South Carelia Social and Health Care Group welcome students wishing to complete clinical training in its hospitals and health care centers. All incoming nursing students who will do a clinical training as a part of their exchange studies in Lahti or Lappeenranta must meet the following conditions when beginning the training:

- 1) The skin of the students' hands must be problem-free when coming for a clinical training
- 2) Vaccinations according to the law for nursing students:
 - Before arriving, you will need to visit a doctor/physician **and get a valid vaccination certificate or written certification (in English) of having had the following diseases:**
 - Measles (if you are vaccinated against measles, it is usually given as MMR - vaccinations x 2 containing measles, mumps, rubella)
 - Varicella (Chicken Pox)
 - Pertussis (Whooping cough) **when working with children under 12 months old** (vaccination should have been given within 5 years)

NOTICE! According to the Finnish Infectious Diseases Act 48§ (Tartuntatautilaki 48§) a student whose immunization status is insufficient is not able to enter the clinical training without a specific reason.

When coming from high polio risk country polio vaccinations are necessary. Students are also recommended to have up-to-date **tetanus+diphtheria and hepatitis B -vaccinations.**

- 3) **Chest-x-ray is demanded from those exchange students coming to Finland from following countries: Bangladesh, Ethiopia, Ghana, India, Philippines, Thailand.** A chest x-ray and the written document are required in English, Swedish or Finnish. The chest x-ray and certificate should be no longer than 3 months old. Physician should indicate what treatment, if any, has been prescribed for you as a result of a positive chest x-ray.
- 4) Proof from MRSA (Meticillin Resistant Staphylococcus Aureus) (Not needed for students from the Nordic region; Sweden, Norway, Denmark, Iceland). Must be taken from both: nose and throat. The written document has to be in English, Swedish or Finnish and should be no longer than 3 months old. If the test is positive for MRSA, then the person is colonized with MRSA and should be treated. Physician should indicate what treatment, if any, has been prescribed for you as a result of a positive screening.
- 5) If the student will have a clinical training in the neonatal ward/child health clinics:

Negative salmonella stool test (not needed for students from the Nordic region; Sweden, Norway, Denmark, Iceland).
- 6) Nurse student and criminal record

LAB University of Applied Sciences will require a criminal record from the students whose clinical training includes working with minors under 18-year-old. When clinical training includes working with minors, criminal records will be required (955/2011, 6§).

Please remember to take these certificates with you when arriving. You cannot start a clinical training without providing requested test results. Hand out the needed health documentation to Student Exchange Coordinator during the first day of orientation programme. If you do not participate the first day of the orientation programme, the documents should be then received via post by that day.

Physiotherapy students

All incoming **physiotherapists** students who will do a clinical training as a part of their exchange studies in Lahti or Lappeenranta must meet the following conditions when beginning the training:

- 1) **MRSA (Meticillin Resistant Staphylococcus Aureus)** must be tested before arriving at LAB University of Applied Sciences. The certificate of negative result is needed for clinical studies. MRSA-test must be taken from both: nose and throat. Proof from MRSA (not needed for students from the Nordic region; Sweden, Norway, Denmark, Iceland) must be a written document in English, Swedish or Finnish and should be no longer than 3 months old. If the test is positive for MRSA, then the person is colonized with MRSA and should be treated. Physician should indicate what treatment, if any, has been prescribed for you as a result of a positive screening.
- 2) **Chest-x-ray is demanded from those exchange students coming to Finland from following countries: Bangladesh, Ethiopia, Ghana, India, Philippines, Thailand.** A chest x-ray and the written document are required in English, Swedish or Finnish. The chest x-ray and certificate should be no longer than 3 months old. Physician should indicate what treatment, if any, has been prescribed for you as a result of a positive chest x-ray.
- 3) When physiotherapy student is going to a **clinical training in a hospital or healthcare center**, she/he needs to have the **same vaccinations than nursing students**. When coming from **high polio risk country polio vaccinations are necessary**.

Please remember to take these certificates with you when arriving. You cannot start a clinical training without providing requested test results. Hand out the needed health documentation to Student Exchange Coordinator during the first day of orientation programme. If you do not participate the first day of the orientation programme, the documents should be then received via post by that day.

Social Services students

LAB University of Applied Sciences will **require a criminal record** from the students whose practical placement includes working with minors under 18-year-old.

Remember also the vaccinations, mentioned on the first page.

Please remember to take these certificates with you when arriving. You cannot start a practical placement when working with minors under 18-year-old without providing requested document. Hand out the needed documentation to Student Exchange Coordinator during the first day of orientation programme. If you do not participate the first day of the orientation programme, the documents should be then received via post by that day.