

# Motiivi Wellness services

## Prices

Prices include VAT 0%

### Massage therapy

Massage	30 min	18,00 €
Massage	45 min	23,00 €
Massage	60 min	30,00 €
Massage	90 min	40,00 €
Massage series + 30 min free of charge	5 * 45 min	115,00 €
Massage series + 45 min free of charge	5 * 60 min	150,00 €
Massage series + 60 min free of charge	5 * 90 min	200,00 €

### Musculoskeletal reception

Guidance and consulting		50,00 €
Musculoskeletal fitness test -Goodfit test battery		60,00 €
InBody body composition measurement		20,00 €
Maximal muscle strength test battery		60,00€

### Cardiovascular an respiratory system

ErgoPro		70,00 €
UKK walking test		15,00 €
<b>VO2max - Spiroergometria</b>		
On a treadmill		90,00 €
On a bike		90,00 €
Blood lactate measurements during the test		10,00 €

Group exercise class	1h	60,00 €/ Group
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Personal training		90,00 €
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### With the MOVEO pass:

InBody-body composition measurement		15,00€
Fitness tests		-20%
Personal training		Free of charge

### With the student card:

Guidance and consulting		Free of charge
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Card payments only