

Life in a Finnish family

Come and explore the life and home of a Finnish family in Hämeenkoski.

The hostess of the house, Niina, opens up her home, offering experiences to travellers arriving in Finland and to anyone interested in the Finnish way of life. Niina talks about the Finnish lifestyle around a shared meal: how the Finnish people relax in nature, and why the nature and forests are so important to Finns.

Before sitting down at the table, the guests get to prepare authentic Finnish food together, using old recipes with a new twist. The hostess, Niina, radiates a passion for nature and for a leisurely pace of life.

Time stands almost still when you admire the beautiful log-built walls. During the visit, guests get to try SUP boarding on the river, paddling, open water swimming in the cool River Teuronjoki, and other Finnish seasonal activities.

If they wish, guests can enjoy the gentle steams of the Finnish sauna.

The hostess of the Hämeenkoski visit speaks also English.



Sign up

by 13 July 2020
Niina Ihalainen
niina.ihalainen@lab.fi
+358 44 708 0083



Maa- ja metsätalous-
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 **LAB University of
Applied Sciences**

 **Agria** Etelä-
Suomi



The Life in a Finnish family product is a part of the MAISA project, aimed at turning valuable landscapes and nature into business and well-being. Feedback is collected during the day for the further development of the product. Participation at your own risk. Personal insurance coverage is recommended.

Programme

Tuesday 21 July 2020

- 12:00 - 14:00 Arrival at Niina Kettunen's home at the address Jokipolku 2, Hämeenkoski.
- The visit starts with a traditional coffee service. The guests are welcomed with a cup of coffee, tea or other brewed beverage, served with a slice of seasonal pie.
- After the coffee service, the guests are offered a lesson in Finnish cuisine and cooking and they get to prepare a meal together.
- 14:00 - 15:30 Stories of River Teuronjoki and Hämeenkoski.
Guests can try SUP boarding or paddling on the river, or other seasonal activities.
- 15:30 - 18:00 A traditional Finnish meal is set in the common room, but first, the meal is cooked together.
- The delicious meal includes a wild herb salad, new potatoes, local cheese and nettle pie. Meat and/or fish for the meal is cooked outside on an open fire. The dessert consists of seasonal Finnish berries.
- Each guest gets to participate in preparing the meal and test their cooking skills.
- 18:00 - 21:00 Sauna and a possibility to dip into the cool waters of River Teuronjoki.
- Between visits to the sauna, Niina tells the guests about the Finnish sauna culture and traditions.
- Guests need to bring appropriate clothing and a bathing suit.
- The hostess needs details of possible allergies for the shared meal.